

# WHAT'S HAPPENING AT THE Y



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

NORTH SUBURBAN YMCA

2705 Techny Rd., Northbrook IL

Spring/Summer 2018

[www.nsymca.org](http://www.nsymca.org)

Get your latest NSYMCA news right here!

NORTH SUBURBAN YMCA

## SUMMER CAMP

EXPERIENCE THE BEST SUMMER EVER™

**NEW CAMPS, SPECIALTY CAMPS,  
FULL DAY, HALF DAY OPTIONS!**

Please check out our 2018 Summer Camp Guide now online at  
[nsymca.org/programs/day-camp](http://nsymca.org/programs/day-camp).

## THIS IS Y!

The Y is the one place for all in our community. Offering programs for all ages.

### Swim

Lessons for Ages 18 Mos. – Adult,  
Private Lessons, Swim Team,  
Special Olympic Swim Team

### Dance

Lessons for Ages 3 – Adult  
Ballet, Jazz, Tap, Hip Hop, Modern, Contemporary,  
Musical Theatre, Poms & Dance Company

### Sports

Classes for 3 Years – Adult  
Basketball, Volleyball, Gymnastics, Gymnastics  
Competitive Team, Soccer, T-ball, Private Lessons

### Art

Classes for 3 Years – Adult  
Drawing, Painting, Ceramics, Watercolors

### Digital Media Classes

Anime, Claymation, Film & Movie Techniques,  
Gaming Design, Graphic Illustration, Lego Movie  
Making

### Special Services Classes

### Youth Development Classes

Preschool Classes, Afterschool Enrichment  
Classes, Workshops, Schools Day Out Camp

### Fitness Classes

Youth Yoga, Personal Training

**Scholarships Available**

NORTH SUBURBAN YMCA

HEALTHY  
KIDS DAY 5K  
WALK/RUN

April 21, 2018

Race begins at 8:00 am

Late Registration ends at 7:30 am

Register today at

[nsymca.org/healthy-kids-day-5k-walk-run](http://nsymca.org/healthy-kids-day-5k-walk-run)

## FREE COMMUNITY EVENT!

COME TO OUR FREE FAMILY COMMUNITY EVENT ON  
HEALTHY KIDS DAY FROM 9:00-11:00 AM!

- BOUNCE HOUSE
- VENDORS
- ACTIVITIES
- FAMILY FUN!

# IT'S NEVER TOO LATE TO REGISTER FOR Y PROGRAMS



View the complete program guide & register online today at [nsymca.org](http://nsymca.org).



LES MILLS BODYPUMP™ & GRIT™

Open Volleyball

Dance Classes

Digital Media Classes

Swim Classes

Art Classes

Sports

Family Events and More!



## NSYMCA'S SCHOOL DAYS OUT CAMP



### Kindergarten – 5th grade

Camp is available every day that Districts 27, 28, 30, and 31 schools are all out! For more information, contact Shannon Cartier at [scartier@nsymca.org](mailto:scartier@nsymca.org). Activities include

- field trips
- games
- swimming
- and art projects

## HAVE YOUR EVENT AT THE Y!

IT'S THE PERFECT PLACE FOR YOUR NEXT PARTY OR MEETING!

### WHAT WE OFFER:

- Party Planner
- Inflatables
- Entertainment
- And more!

For more information, please email to [rentals@nsymca.org](mailto:rentals@nsymca.org)

## FLEXIBLE, AFFORDABLE & A GREAT VALUE

LOOKING FOR MORE VALUE AND GREATER FLEXIBILITY IN A FAMILY MEMBERSHIP PLAN? CHECK OUT THE Y'S FLEXIBLE FAMILY RATES

1 Adult + 1 Child: **only \$65**

1 Adult + 2 Children: **only \$75**

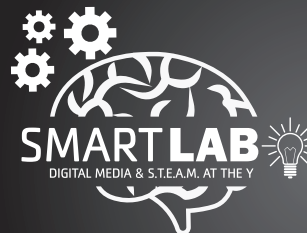
2 Adults + 1 Child: **only \$85**

2 Adults + 2 or more children: **only \$95**

All Y memberships includes free: on-site child care, yoga, Zumba, cycle, Pilates, racquetball, TRX, and over 40 more group ex. Classes/week. No contracts.

There is no greater value, quality of service, or connection to the community than what you will find at the NSYMCA. For more information, visit [nsymca.org](http://nsymca.org).

## COMING THIS FALL!



- CODING
- LEGO® MOVIE MAKING
- GAMING DESIGN
- SOCIAL MEDIA FOR SENIORS
- S.T.E.A.M
- SHARK TANK
- SPECIAL NEEDS TECHNOLOGY
- ANIME & BEYOND
- S.T.E.A.M FOR 4-6 YEAR OLDS
- ROBOTICS

Take a sneak peak into a new programming that will be coming this fall!

FOR MORE INFORMATION, VISIT OUR WEBSITE AT [NSYMCA.ORG](http://NSYMCA.ORG)



## IMPORTANT DATES MARK YOUR CALENDAR

- Now - Camp Registration Now Online.
- 4/21 - Healthy Kids Day 5K Walk/Run
- 5/6 - Celebration of Cultures
- 5/20 - Seniorpalooza
- 6/10 - NSYMCA iDance Recital
- 6/11 - Summer Session and Summer Camp Begins
- 7/25 - Wheels vs Wheels
- 8/18 - Y-Fest